TYPE YOUR SCHOOL NAME HERE



MAY 2023

MCFI 9-12 Hot Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 WG Cheese Pizza Sticks with Marinara Dipping Sauce Fresh Baby Carrots Seasonal Fruit (1 cup) Choice of Milk	2 WG Breaded Chicken Patty on WG Bun Fresh Romaine Salad with Ranch Dressing Seasonal Fruit (1 cup) Choice of Milk	3 Turkey Swedish Meatballs Bowtie Pasta WG Dinner Roll Fresh Cucumber Slices Seasonal Fruit (1 cup) Choice of Milk	4 WG Chicken Corn Dog Ketchup Vegetarian Baked Beans Seasonal Fruit (1 cup) Choice of Milk	5 Beef and Cheese Nachos 2 oz WG Tortilla Chips Taco Sauce Elotes Corn Salad Seasonal Fruit (1 cup) Cinco de Mayo Cracker Choice of Milk
8 Roasted Cilantro Lime Chicken Leg WG Salsa Seasoned Rice Cornbread Baby Carrots and Grape Tomatoes Seasonal Fruit (1 cup) Choice of Milk	9 Turkey Hot Dog WG Bun Ketchup Fiesta Beans Seasonal Fruit (1 cup) Choice of Milk	10 Chicken Smackers BBQ Sauce Packet WG Biscuit Grape Jelly Packet Steamed Broccoli Seasonal Fruit (1 cup) Choice of Milk	11 Domino's Cheese Pizza WG Cinnamon Goldfish Graham Fresh Summer Squash Slices w/ Ranch Seasonal Fruit (1 cup) Choice of Milk	12 Cheeseburger WG Bun Ketchup Roasted Potato Wedges Seasonal Fruit (1 cup) Choice of Milk
15 Teriyaki Chicken Brown Rice Fresh Baby Carrots Seasonal Fruit (1 cup) WG Vanilla Bear Crackers Choice of Milk	16 Sloppy Joes on a WG Bun Romaine Lettuce Salad w/ Ranch WG Cheese Crackers Seasonal Fruit (1 cup) Choice of Milk	17 Chicken Nuggets (7 each) BBQ Sauce Fiesta Beans WG Blueberry Muffin Seasonal Fruit (1 cup) Choice of Milk	18 Homestyle Meatloaf WG Dinner Roll Mashed Potatoes Seasonal Fruit (1 cup) WG Chocolate Bear Crackers Choice of Milk	19 Turkey Deli Breast and American Cheese Slice on a WG Bun Mayo Packet Fresh Summer Squash Chips Seasonal Fruit (1 cup) Choice of Milk
22 Italian & Garlic Cheesy Pull Aparts Marinara Sauce Fresh Celery Sticks Seasonal Fruit (1 cup) Choice of Milk	23 Turkey Kielbasa on WG Hot Dog Bun Ketchup & Mustard Steamed Mixed Vegetables Seasonal Fruit (1 cup) Choice of Milk	24 Beef Tacos WG Flour Tortilla w/ Taco Sauce Shredded Cheddar Cheese Ranchero Beans Seasonal Fruit (1 cup) Strawberry Waffle Graham Choice of Milk	25 WG Breaded Chicken Patty WG Hamburger Bun BBQ Sauce Roasted Sweet Potatoes Seasonal Fruit (1 cup) Choice of Milk	26 Chef's Salad with Romaine Lettuce, Sliced Turkey Ham & Shredded WG Buttermilk Biscuit Grape Jelly Packet Seasonal Fruit (1 cup) Choice of Milk
29 MEMORIAL DAY	30 Roasted Chicken Leg WG Cilantro Lime Rice Soft Pretzel Stick Baby Carrots and Grape Tomatoes Seasonal Fruit (1 cup) Choice of Milk	31 Chicken Smackers BBQ Sauce WG Apple Cinnamon Muffin Steamed Mixed Vegetables Seasonal Fruit (1 cup) Choice of Milk		MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider.